



Govt. of West Bengal
Office of the Principal / Officer-in-Charge
Government General Degree College, Dantan-II

(College recognised under Section 2 (f) of the UGC Act, 1956)

Kashmuli :: PaschimMedinipur :: West Bengal :: Pin – 721445 :: Website :: dantan2govtcollege.ac.in ::

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Cir. No: 23/24/GGDC, Dantan-II

Date: 09.02.2024

It is hereby notified that **NSS Unit-I & Unit-II** in collaboration with **IQAC** of our college has organized a one day Webinar on **How to remove stress and depression through scientific meditation** on **10.02.2024** at **7:45 p.m.** through Google Meet. **Dr. Neelanjan Sannigrahi, MD, Research on Pain and Stress Management, Therapist of scientific meditation, Jalpaiguri Government medical College** is the speaker of this webinar. So, all the students of our college are requested to attend the webinar.

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Kashmuli, Porolda, Paschim Medinipur, 721445

One Day Webinar On

How to remove stress and depression through scientific meditation?

Organized by
NSS Unit-I and Unit-II in collaboration with IQAC of Government General Degree
College, Dantan-II

Date: 10/02/2024

Time: 7.45 PM

Platform: Google Meet

Meeting Link:



Speaker: Dr. Neelanjan Sannigrahi

MD, Research on Pain and Stress
Management. Therapist of scientific
meditation.

Jalpaiguri Government Medical College.